

Illinois State University Child Care Center

Week of April 28 – May 2, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	WW Toast w/Peanut Butter (1 each) Apple Peach Juice (1/2 cup each)	Pancakes on a Stick (1 each) Green Grapes (1/2 cup each)	Kix Cereal (WG) (3/4 cup each) 1% Milk (4 oz. each)	WW Soft Tortilla w/butter, cinnamon & sugar (1 each) Cutie Oranges (2 each)	Ham Slices (2 slices each), Triscuit Crackers (4 each)
LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	WG Chicken Strips, Mashed Potatoes w/ Gravy, Applesauce 1% Milk	WG Bosco Sticks, Marinara Sauce, Broccoli, Mandarin Oranges 1% Milk	Sweet & Sour Meatballs, Brown Rice (WG), Edamame, Oranges 1% Milk	Hamburger on WG Bun, Banana, Sweet Potato Fries, 1% Milk	3 Bean Chili, WG Corn Chips, Corn, Cantaloupe, Shredded Cheese, 1% Milk
P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Ritz Crackers (4 each) Strawberry Yogurt (1 cup each)	Blueberry/Blueberry Banana & Zucchini Muffins (1 each) Fruit Punch Juice (4 oz. each)	Toasted Crackers (4 each), String Cheese (1 each)	Cheddar & Pretzel Goldfish mix (1/2 cup each) Cherry Juice (4 oz. each)	Oatmeal Muffins (1 each) 1% Milk (4 oz. each)

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Week of May 5 – May 9, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Cinnamon Pita Chips (5 each), Red Apple Slices (1/2 cup each)	Life Cereal (WG) (1/2 cup each), 1% milk (4 oz. each)	WW Bagel w/Cream Cheese (1/4 each), Cutie Oranges (2 each)	Club Crackers (4 each) Hard Salami (4 pieces each)	Cheese It Crackers (15 each) Cherry Juice (4 oz. each)
LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Chicken Patty on WG Bun , Sweet Potato Tots, Pears 1% Milk	WG Pizza , Red Peppers, Red Grapes 1% Milk	Turkey Burger on WG Bun , Cantaloup, Green Beans 1% Milk	Grilled Cheese on WG Bread , Broccoli, Strawberries, 1% Milk	Ham & Cheese Sandwich on WW Bread , Baby Carrots Pineapple, 1% Milk
P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Applesauce & Peanut Butter Muffins (1/2 cup each) Tropical Fruit Cup (1/2 cup each)	Cheddar Popcorn (1 ½ cups each) Applesauce (1/2 cup each)	Chex Mix (WG) (1/4 cup each) Cherry Juice (4 oz. each)	Sun Chips (8 each), Pineapple (1/2 cup each)	Early Closure Day

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Week of May 12 – May 16, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Frosted Mini Wheat Cereal (WG) (1/2 cup each) 1% Milk (4 oz. each)	Sociable Crackers (5 each) Mandarin Oranges (1/2 cup each)	Dinner Rolls w/butter (1 each) Edamame (1/2 cup each)	WW English Muffins w/Jelly (1/2 each) Pears (1/2 cup each)	French Toast Sticks (3 each) Mango Juice (4 oz. each)
LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Pulled Pork on WG Bun , Coleslaw, Carrots, Grapes 1% Milk	Mac & Cheese w/ WW Noodles Broccoli, Pears, 1% Milk	Grilled Chicken Breast Brown Rice (WG) , Red Peppers, Mandarin Oranges 1% Milk	WG Bagel , Turkey Sausage. Egg Patty & Cheese, Breakfast Potatoes, Apple Slices, 1% Milk	WG Bosco Sticks , Baby Carrots, Cantaloupe, 1% Milk
P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Oatmeal & Strawberry Muffins (1 each) Passion Fruit Juice (4 oz. each)	Mini Club Crackers (15 each), Fruit Cocktail (1/2 cup each)	Wheat Saltine Crackers (4 each), Colby Cheese (1 slice each)	Cottage Cheese (1/4 Cup each) Peaches (1/2 cup each)	Banana Crumb & Banana Muffins (1 each) 1% milk (4 oz. each)

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Week of May 19 – May 23, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Multigrain Cheerios (WG) (3/4 cup each), Mangos (1/2 cup each)	Hawaiian Roll w/ Turkey Slices (2 slices each, 1 roll each)	Biscuit w/butter (1 each) Cantaloup (1/2 cup each)	Soft Pretzels (1/2 each) Red Grapes (1/2 cup each)	WW Cheese Bread (1 each), Apple Peach Juice (4 oz each)
LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Meatball Sub on WG Bun , Broccoli, Pineapple, 1% Milk	Cheesy Tortellini, WG Breadstick Lettuce Salad w/Tomatoes & Carrots, Red Grapes, Strawberry Banana Yogurt, 1% Milk	Chili, Corn Bread (WG) , Carrots, Hummus, Pears, 1% Milk	Turkey Burger on WG Bun , Apples, Baked Beans, 1% Milk	Beef Nacho Meat, WG Tortilla Chips , Black Beans, Corn, Cheese Sauce, Clementines, 1% Milk
P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Wheat Thins (8 each) Cheddar Cheese (1 slice each)	Strawberry Muffins (1 each) Apple Grape Juice (4 oz. each)	Uncrustable Sandwich (1 each), 1% Milk (4 oz. each)	Townhouse Crackers (4 each), Colby Jack Cheese Slice (1 each)	Pumpkin & Corn Muffins (1 each) 1% milk (4 oz. each)

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Week of May 26 – May 30, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	CLOSED MEMORIAL DAY	Pancakes on a Stick (1 each) Honeydew (1/2 cup each)	Kix Cereal (WG) (3/4 cup each) 1% Milk (4 oz. each)	WW Toast w/peanut butter, (1 each) Green Grapes (1/2 cup each)	Ham Slices (2 slices each), Triscuit Crackers (4 each)
LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	CLOSED MEMORIAL DAY	WG Bosco Sticks, Marinara Sauce, Broccoli, Mandarin Oranges 1% Milk	Sweet & Sour Meatballs, Brown Rice (WG), Edamame, Oranges 1% Milk	Hamburger on WG Bun, Banana, Sweet Potato Tots, 1% Milk	3 Bean Chili, WG Corn Chips, Corn, Cantaloupe, Shredded Cheese, 1% Milk
P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	CLOSED MEMORIAL DAY	Corn Muffins (1 each) Fruit Punch Juice (4 oz. each)	Toasted Crackers (4 each), String Cheese (1 each)	Ritz Crackers (4 each) Kiwi Strawberry Juice (4 oz. each)	Triscuit Thin Crackers (8 crackers each) Berry Juice (4 oz. each)