

**Illinois State University Child Care Center**

**Week of February 23 – February 27, 2026**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Life Cereal (1/2 cup each), 1% milk (4 oz. each)</p>	<p>Ritz Bits w/cheese crackers, (1 bag each) Red Apple Slices (1/2 cup each)</p>	<p>Cottage Cheese (1/4 cup each) Sociable Crackers (5 each)</p>	<p><b>WW Bagel</b> w/Cream Cheese (1/4 each), Fruit Punch Juice (1/2 cup each)</p>	<p>Biscuit w/butter (1 each), Cantaloup (1/2 cup each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Sweet &amp; Sour Meatballs, <b>Brown Rice</b>, Edamame, Oranges 1% Milk</p>	<p>Beef Taco Meat, <b>Corn Tortilla Chips</b>, Cheese Sauce, Black Beans, Cantaloup, Lettuce, Tomato, 1% Milk</p>	<p>BBQ Chicken Breast <b>WG Bun</b>, Mashed Potatoes w/gravy, Grapes 1% Milk</p>	<p>Grilled Cheese on <b>WG Bread</b>, Cucumber Slices, Apple Slices, Hummus 1% Milk</p>	<p><b>WG Cheese Pizza</b> Broccoli, Mandarin Oranges, 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Triscuit Thin Crackers (8 each), Colby Jack Cheese (1 each)</p>	<p>Cheez It Crackers (15 each), Berry Juice (4 oz. each)</p>	<p>Applesauce Muffins (1 each) Pineapple (1/2 cup each)</p>	<p>Oatmeal Muffins (1 each) 1% Milk (4 oz. each)</p>	<p>Hawaiian Rolls (1 each), Turkey Slice (1 each)</p>

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**Week of March 2 – March 6, 2026**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Wheat Entertainment Crackers (3 each) Colby Jack Cheese Slice (1 each)</p>	<p>Strawberry Yogurt (1 each), Cinnamon Pita Chips (5 each)</p>	<p><b>Kix Cereal (WG)</b> (3/4 cup each) 1% Milk (4 oz. each)</p>	<p>Pancakes on a Stick (1 each) Green Apples (1/2 cup each)</p>	<p><b>WW Tortilla</b> w/butter &amp; cinnamon/sugar (1 each) Green Grapes (1/2 cup each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Chicken Patty on <b>WG Bun</b>, Sweet Potato Fries, Clementines, 1% Milk</p>	<p>Beef Taco Meat, <b>WG Corn Chips</b>, Black Beans, Cheese, Lettuce, Tomato Cantaloupe, 1% Milk</p>	<p>Grilled Chicken Breast <b>Brown Rice (WG)</b>, Roasted Zucchini &amp; Squash, Pineapple, 1% Milk</p>	<p>Mac &amp; Cheese w/<b>WW Noodles</b> Broccoli, Banana 1% Milk</p>	<p><b>WG Bagel</b>, Turkey Sausage. Egg Patty &amp; Cheese, Breakfast Potatoes, Apple Slices, 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Sun Chips (8 each) Berry Juice (1/2 cup each)</p>	<p>Banana Blueberry Muffins (1 each) Mangos (1/2 cup each)</p>	<p>Ham Slices (2 each) Toasted Crackers (4 each)</p>	<p>Pumpkin Muffins (1 each), 1% milk (4 oz. each)</p>	<p>Cheddar Popcorn (1 ½ cups each) Apple Juice (4 oz. each)</p>

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**Week of March 16 – March 20, 2026**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>Garlic Bread/Bread Stick</b> (1 each) Edamame (1/2 cup each)</p>	<p>Turkey Stick (1 each), Tropical Fruit (1/2 cup each)</p>	<p>French Toast Sticks (3 each) Applesauce (1/2 cup each)</p>	<p><b>Cheese Bread/Toast (WW)</b> (1 each) Pears (1/2 cup each)</p>	<p><b>WW English Muffin</b> w/jelly, (1 each) Mandarin Oranges (1/2 cup each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>WG Bosco Sticks,</b> Marinara Sauce, Broccoli, Clementines 1% Milk</p>	<p>Beef Taco Meat, <b>WG Soft Tortilla,</b> Refried Beans, Corn, Cantaloup, Lettuce, Tomato, Cheese, 1% Milk</p>	<p>Meatball Sub on <b>WG Bun</b> w/Mozzarella Cheese, Carrots, Pineapple 1% Milk</p>	<p><b>WG Chicken Strips</b> Mashed Potatoes w/gravy, Honeydew, 1% Milk</p>	<p>Turkey Burger on <b>WW Bun (WG),</b> Green Beans, Applesauce 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Animal Crackers (8 each), 1% Milk (4 oz. each)</p>	<p>Cheddar &amp; Pretzel Goldfish mix (1/2 cup each) Cherry Juice (4 oz. each)</p>	<p>Townhouse Crackers (4 each) String Cheese (1 each)</p>	<p>Ritz Crackers (4 each) Hard Salami (4 pieces each)</p>	<p>Chex Mix (1/4 cup each) Cherry Juice (4 oz. each)</p>

**Illinois State University Child Care Center**

**Week of March 23 – March 27, 2026**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Multigrain Cheerios (1/2 cup each) Banana (1/2 cup each)</p>	<p>Triscuit Crackers (4 each), Cutie Oranges (2 each)</p>	<p>Dinner Roll w/butter (1 each) Red Grapes (1/2 cup each)</p>	<p>Wheat Thin Crackers (8 each), Kiwi Strawberry Juice (4 oz. each)</p>	<p>Cinnamon Sugar Pretzel Sticks (13 each) Peaches (1/2 each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Chicken Strips, Carrots, Apples 1% Milk</p>	<p><b>WG Tortilla, Chicken Taco Meat,</b> Refried Beans, Corn, Pineapple, Shredded Lettuce, Tomatoes, Cheese 1% Milk</p>	<p>Hamburger on <b>WG Bun</b>, French Fries, Green Grapes 1% Milk</p>	<p>Chili, <b>WG Cornbread Poppers,</b> Cauliflower, Banana, 1% Milk</p>	<p>Pasta w/Meatballs in Sauce, Lettuce Salad w/Tomatoes &amp; Carrots, Cantaloup 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Mini Club Crackers (15 each), Fruit Cocktail (1/2 cup each)</p>	<p>Zucchini Muffins (1 each), 1% Milk (4 oz. each)</p>	<p>Utz Snack Mix (1/2 cup each) Mango Juice (4 oz. each)</p>	<p>Wheat Saltine Crackers (4 each), Colby Cheese Slice (1 each)</p>	<p>Cranberry Orange Muffins (1 each) 1% Milk (4 oz. each)</p>

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**Week of March 30 – April 3, 2026**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Life Cereal (1/2 cup each), 1% milk (4 oz. each)</p>	<p>Ritz Bits w/cheese crackers, (1 bag each) Red Apple Slices (1/2 cup each)</p>	<p>Cottage Cheese (1/4 cup each) Sociable Crackers (5 each)</p>	<p><b>WW Bagel</b> w/Cream Cheese (1/4 each), Apple Peach Juice (1/2 cup each)</p>	<p>Biscuit w/butter (1 each), Cantaloup (1/2 cup each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Sweet &amp; Sour Meatballs, <b>Brown Rice</b>, Edamame, Peaches, 1% Milk</p>	<p>Beef Taco Meat, <b>Corn Tortilla Chips</b>, Cheese Sauce, Black Beans, Pineapple, Lettuce, Tomato, 1% Milk</p>	<p>BBQ Chicken Breast <b>WG Bun</b>, Mashed Potatoes w/gravy, Green Grapes, 1% Milk</p>	<p>Grilled Cheese on <b>WG Bread</b>, Cucumber Slices, Apple Slices, Hummus 1% Milk</p>	<p><b>WG Cheese Pizza</b> Broccoli, Mandarin Oranges, 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Triscuit Thin Crackers (8 each), Cheddar Cheese (1 each)</p>	<p>Cheez It Crackers (15 each), Fruit Punch Juice (4 oz. each)</p>	<p>Gingerbread Muffins (1 each) Pineapple (1/2 cup each)</p>	<p>Banana Cranberry Muffins (1 each) 1% Milk (4 oz. each)</p>	<p>Hawaiian Rolls (1 each), Turkey Slice (1 each)</p>