

Illinois State University Child Care Center

Week of February 24 – February 28, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Multigrain Cheerios (WG) (3/4 cup each), Bananas (1/2 cup each)	Soft Pretzels (1/2 each) Red Grapes (1/2 cup each)	WW Cheese Bread (1/4 each), Papaya & Mango Cup (1/2 cup each)	Hawaiian Roll w/ Turkey Slices (2 slices each, 1 roll each)	Biscuit w/butter (1 each) Strawberry Banana Juice (4 oz each)
LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	WG Chicken Strips, Mashed Potatoes w/ Gravy, Applesauce 1% Milk	WG Bosco Sticks, Marinara Sauce, Broccoli, Mandarin Oranges 1% Milk	Sweet & Sour Meatballs, Brown Rice (WG), Edamame, Oranges 1% Milk	Hamburger on WG Bun, Banana, Sweet Potato Tots, 1% Milk	3 Bean Chili, WG Corn Chips, Corn, Cantaloupe, Shredded Cheese, 1% Milk
P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Strawberry Muffins (1 each) Apple Peach Juice (4 oz. each)	Triscuit Thin Crackers (8 each), Fruit Cocktail (1/2 cup each)	Uncrustable Sandwich (1 each), 1% Milk (4 oz. each)	Townhouse Crackers (4 each), Colby Jack Cheese Slice (1 each)	Peanut Butter Balls (3 each), 1% milk (4 oz. each)

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Week of March 3 – March 7, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Cinnamon Pita Chips (5 each), Yogurt Cup (1 each)	Life Cereal (WG) (1/2 cup each), 1% milk (4 oz. each)	WW Bagel w/Cream Cheese (1/4 each), Fruit Punch Juice (4 oz. each)	Club Crackers (4 each) Hard Salami (4 pieces each)	Cheese It Crackers (15 each) Kiwi Strawberry Juice (4 oz. each)
LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Chicken Patty on WG Bun , Sweet Potato Tots, Pears 1% Milk	WG Pizza , Red Peppers, Red Grapes 1% Milk	Turkey Burger on WG Bun , Cantaloup, Green Beans 1% Milk	Grilled Cheese on WG Bread , Broccoli, Strawberries, 1% Milk	Chicken Taco Meat, WG Tortilla , Refried Beans, Corn, Shredded Cheese, Tomatoes, Lettuce, Pineapple, 1% Milk
P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Banana Crumb Muffins (1 each) Strawberry Banana Juice (4 oz. each)	Cheddar Popcorn (1 ½ cups each) Applesauce (1/2 cup each)	Blueberry Muffins (1 each) 1% milk (4 oz. each)	Sun Chips (8 each), Pineapple (1/2 cup each)	Utz Snack Mix (1/2 cup each) Fruit Cocktail (1/2 cup each)

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Week of March 17 – March 21, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	French Toast Sticks (3 each) 1% Milk (4 oz. each)	Sociable Crackers (5 each) Mandarin Oranges (1/2 cup each)	Frosted Mini Wheat Cereal (WG) (1/2 cup each) 1% Milk (4 oz. each)	WW English Muffins w/Jelly (1/2 each) Pears (1/2 cup each)	Dinner Rolls w/butter (1 each) Edamame (1/2 cup each)
LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	WG Bagel, Turkey Sausage. Egg Patty & Cheese, Breakfast Potatoes, Apple Slices, 1% Milk	Mac & Cheese w/WW Noodles Broccoli, Pears, 1% Milk	Grilled Chicken Breast Brown Rice (WG), Red Peppers, Mandarin Oranges 1% Milk	Pulled Pork on WG Bun, Coleslaw, Carrots, Grapes 1% Milk	Beef Tacos on WG Tortillas, Refried Beans, Corn, Cantaloupe, Shredded Lettuce, Shredded Cheese, Tomatoes 1% Milk
P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Pretzel Sticks (26 sticks each) Strawberry Banana Juice (4 oz. each)	Mini Club Crackers (15 each), Fruit Cocktail (1/2 cup each)	Wheat Saltine Crackers (4 each), Colby Cheese (1 slice each)	Cottage Cheese (1/4 Cup each) Peaches (1/2 cup each)	Chex Mix (1 each) Kiwi Strawberry Juice (4 oz. each)

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Week of March 24 – March 28, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Multigrain Cheerios (WG) (3/4 cup each), Red Apples (1/2 cup each)	Hawaiian Roll w/ Turkey Slices (2 slices each, 1 roll each)	WW Cheese Bread (1/4 each), Mangos (1/2 cup each)	Soft Pretzels (1/2 each) Red Grapes (1/2 cup each)	Biscuit w/butter (1 each) Apple Juice (4 oz each)
LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Orange Chicken, Brown Rice , Broccoli, Pineapple, 1% Milk	Cheesy Tortellini Bake, WG Breadstick Lettuce Salad w/Tomatoes & Carrots, Red Grapes, Strawberry Banana Yogurt, 1% Milk	Chili, Corn Bread (WG) , Carrots, Hummus, Pears, 1% Milk	Turkey Burger on WG Bun , Apples, Baked Beans, 1% Milk	Beef Nacho Meat, WG Tortilla Chips , Black Beans, Corn, Cheese Sauce, Clementines, 1% Milk
P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Banana Blueberry Muffins (1 each) Orange Tangerine Juice (4 oz. each)	Wheat Thins (8 each) Cheddar Cheese (1 slice each)	Uncrustable Sandwich (1 each), 1% Milk (4 oz. each)	Townhouse Crackers (4 each), Colby Jack Cheese Slice (1 each)	Pumpkin Muffins (3 each), 1% milk (4 oz. each)

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Week of March 31 – April 4, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	WW Toast w/Peanut Butter (1 each) Tropical Fruit (1/2 cup each)	Pancakes on a Stick (1 each) Green Grapes (1/2 cup each)	Kix Cereal (WG) (3/4 cup each) 1% Milk (4 oz. each)	WW Soft Tortilla w/butter, cinnamon & sugar (1 each) Cutie Oranges (2 each)	Ham Slices (2 slices each), Triscuit Crackers (4 each)
LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	WG Bagel, Turkey Sausage. Egg Patty & Cheese, Breakfast Potatoes, Apple Slices, 1% Milk	Mac & Cheese w/ WW Noodles Broccoli, Pears, 1% Milk	Grilled Chicken Breast Brown Rice (WG), Red Peppers, Mandarin Oranges 1% Milk	Pulled Pork on WG Bun, Coleslaw, Carrots, Grapes 1% Milk	Beef Tacos on WG Tortillas, Refried Beans, Corn, Cantaloupe, Shredded Lettuce, Shredded Cheese, Tomatoes 1% Milk
P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Ritz Crackers (4 each) Orange Tangerine Juice (4 oz. each)	Corn Muffins (1 each) Strawberry Banana Juice (4 oz. each)	Toasted Crackers (4 each), String Cheese (1 each)	Zucchini Muffins (1 each) 1% Milk (4 oz. each)	Cheddar & Pretzel Goldfish mix (1/2 cup each) Apple Juice (4 oz. each)