

**Illinois State University Child Care Center**

**Week of June 29 – July 3, 2026**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Biscuit w/butter (1 each), 1% Milk (4 oz. each)</p>	<p>Kix Cereal (3/4 cup), Fruit Cocktail (1/2 cup each)</p>	<p><b>WW Bagel</b> (1/4 each), Cherry Juice (1/2 cup each)</p>	<p>Ritz Bits w/cheese crackers, (8 each) Fruit Punch Juice (4 oz. each)</p>	<p><b>CLOSED</b></p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Chicken Patty on <b>WG Bun</b>, Sweet Potato Fries, Clementines, 1% Milk</p>	<p>Beef Taco Meat, <b>WG Corn Chips</b>, Black Beans, Cheese, Lettuce, Tomato Cantaloupe, 1% Milk</p>	<p>Grilled Chicken Breast <b>Brown Rice (WG)</b>, Roasted Zucchini &amp; Squash, Strawberries, 1% Milk</p>	<p>Mac &amp; Cheese w/<b>WW Noodles</b> Broccoli, Grapes 1% Milk</p>	<p><b>CLOSED</b> <b>4<sup>th</sup> of July</b> <b>Holiday</b></p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Cheddar Popcorn (1 ½ cups each) Strawberry Banana Juice (4 oz. each)</p>	<p>Cinnamon Sugar Pretzel Sticks (13 each) Peaches (1/2 each)</p>	<p>Sociable Crackers (5 each) Colby Cheese Slice (1 each)</p>	<p>Strawberry Muffins (1 each) 1% Milk (4 oz. each)</p>	<p><b>CLOSED</b></p>

**Condiments Key:**

K = Ketchup, M = Mustard, R = Ranch, BBQ, Mayo

**Illinois State University Child Care Center**

**Week of July 6 – July 10, 2026**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>WW Toast</b> w/Peanut Butter (1 each), Strawberries (1/2 cup each)</p>	<p>Mini Club Crackers (15 each), Red Apples (1/2 cup each)</p>	<p>French Toast Sticks (3 each) Watermelon (1/2 cup each)</p>	<p>Strawberry Yogurt (1 each), Life Cereal (1/2 cup each)</p>	<p>Soft Pretzel (1/2 each), Watermelon (1/2 cup each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>WG Chicken Strips</b> Mashed Potatoes w/Gravy, Cantaloup, 1% Milk</p>	<p>Beef Taco Meat, <b>WG Soft Tortilla</b>, Refried Beans, Corn, Pineapple, Lettuce, Tomato, Cheese, 1% Milk</p>	<p>Baked Ziti w/<b>WG</b> <b>Pasta</b>, Green Beans, Grapes 1% Milk</p>	<p><b>WG Bosco Sticks</b>, Marinara Sauce, Broccoli, Clementines 1% Milk</p>	<p>Turkey Burger on <b>WG</b> <b>Bun</b>, Baby Carrots, Bananas, 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Blueberry Muffins (1 each) Apple Raspberry Juice (1/2 cup each)</p>	<p>Turkey Stick (1 each), Tropical Fruit (1/2 cup each)</p>	<p>Wheat Entertainment Crackers (3 each) Colby Jack Cheese Slice (1 each)</p>	<p>Cheez It Crackers (15 each), Pears (1/2 cup each)</p>	<p>Corn Muffins (1 each) Mangos (1/2 cup each)</p>

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**Week of July 13 – July 17, 2026**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>Cheese Toast (WW)</b> (1 each), Red Grapes (4 oz. each)</p>	<p>Townhouse Crackers (4 each) Cutie Oranges (2 each)</p>	<p>Garlic Bread Stick (1 each) Edamame (1/2 cup each)</p>	<p><b>Tortilla Chips</b> (12 each) w/1 TBS Hummas, Kiwi Strawberry Juice (1/2 cup each)</p>	<p>Pancakes on a Stick (1 each) Green Apples (1/2 cup each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Chicken Strips, Carrots, Apples 1% Milk</p>	<p><b>WG Tortilla, Chicken Taco Meat,</b> Refried Beans, Corn, Pineapple, Shredded Lettuce, Tomatoes, Cheese 1% Milk</p>	<p>Hamburger on <b>WG Bun</b> w/cheese, French Fries, Watermelon 1% Milk</p>	<p>Sausage Patty, French Toast Sticks, Sweet Potato Fries, Strawberries 1% Milk</p>	<p>WG Pasta w/Marinara, Meatballs, Lettuce Salad w/Carrots &amp; Tomatoes, Grapes, 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Ritz Crackers (4 each) Hard Salami (4 pieces each)</p>	<p>Animal Crackers (8 each), 1% Milk (4 oz. each)</p>	<p>Chex Mix (1/4 cup each) Tropical Juice (4 oz. each)</p>	<p>Wheat Thin Crackers (8 each), String Cheese (1 each)</p>	<p>Peanut Butter Balls (1 each) 1% Milk (4 oz. each)</p>

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**Week of July 20 – July 24, 2026**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Biscuit w/butter (1 each), Orange Tangerine Juice (4 oz. each)</p>	<p>Triscuit Crackers (4 each), Mandarin Oranges (1/2 cup each)</p>	<p>Dinner Roll w/butter (1 each) Applesauce (1/2 cup each)</p>	<p><b>WW English Muffin</b> w/Peanut Butter, (1 each) 1% Milk (4 oz. each)</p>	<p>Ham Slices (2 each) Toasted Crackers (4 each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Sweet &amp; Sour Meatballs, <b>Brown Rice (WG)</b>, Edamame, Peaches 1% Milk</p>	<p>Beef Taco Meat, <b>Corn Tortilla Chips</b>, Cheese Sauce, Black Beans, Pineapple, Lettuce, Tomato, 1% Milk</p>	<p>BBQ Chicken Breast <b>WG Bun</b>, Mashed Potatoes w/gravy, Grapes, 1% Milk</p>	<p>Grilled Cheese on <b>WG Bread</b>, Cucumber Slices, Apple Slices, Hummus 1% Milk</p>	<p><b>WG Cheese Pizza</b> Broccoli, Mandarin Oranges, 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Banana Muffins (1 each) 1% Milk (4 oz. each)</p>	<p>Cheddar &amp; Pretzel Goldfish mix (1/2 cup each) Apple Peach Juice (4 oz. each)</p>	<p>Cottage Cheese (1/4 cup each), Pineapple (1/2 cup each)</p>	<p>Cheddar Cheese Slice (1 each), Whole Wheat Saltine Crackers (4 each)</p>	<p>Utz Snack Mix (1/2 cup each) Fruit Punch Juice (4 oz. each)</p>

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**Week of July 27 – July 31, 2026**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>WW Tortilla</b> w/butter &amp; cinnamon/sugar (1 each) Green Grapes (1/2 cup each)</p>	<p>Multigrain Cheerios (1/2 cup each) Banana (1/2 cup each)</p>	<p><b>WW Bagel</b> (1/4 each), Apple Raspberry Juice (1/2 cup each)</p>	<p>Uncrustable, (1 each) Honeydew (1/2 cup each)</p>	<p>Pretzel Sticks (26 each) Cantaloup (1/2 cup each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Chicken Patty on <b>WG Bun</b>, Sweet Potato Fries, Clementines, 1% Milk</p>	<p>Beef Taco Meat, <b>WG Corn Chips</b>, Black Beans, Cheese, Lettuce, Tomato Cantaloupe, 1% Milk</p>	<p>Grilled Chicken Breast <b>Brown Rice (WG)</b>, Roasted Zucchini &amp; Squash, Strawberries, 1% Milk</p>	<p>Mac &amp; Cheese w/<b>WW Noodles</b> Broccoli, Grapes 1% Milk</p>	<p><b>WG Bagel</b>, Turkey Sausage. Egg Patty &amp; Cheese, Breakfast Potatoes, Apple Slices, 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Sun Chips (8 each) Strawberry Banana Juice (1/2 cup each)</p>	<p>Hawaiian Rolls (1 each), Turkey Slice (1 each)</p>	<p>Triscuit Thin Crackers (7 each) Colby Cheese Slice (1 each)</p>	<p>Strawberry Muffins (1 each) 1% Milk (4 oz. each)</p>	<p>Cranberry Orange Muffins (1 each), Peaches (1/2 each)</p>

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