

Illinois State University Child Care Center

Week of June 30, 2025 – July 4, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Triscuit Thin Crackers (8 each), Green Grapes (1/2 cup each)	Life Cereal (WG) (1/2 cup each), 1% milk (4 oz. each)	WW Bagel w/Cream Cheese (1/4 each), Cutie Oranges (2 each)	Club Crackers (4 each) Hard Salami (4 pieces each)	Closed 4th of July
LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Chicken Patty on WG Bun , Sweet Potato Tots, Pears 1% Milk	WG Tortilla, Chicken Taco Meat, Refried Beans, Corn, Pineapple, Shredded Lettuce, Tomatoes, Cheese 1% Milk	Turkey Burger on WG Bun , Cantaloup, Green Beans 1% Milk	Grilled Cheese on WG Bread , Broccoli, Strawberries, 1% Milk	Closed 4th of July
P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Applesauce Muffins (1 each) Tropical Fruit Cup (1/2 cup each)	Pretzel Sticks (26 each), Applesauce (1/2 cup each)	Townhouse Crackers (4 each), Colby Jack Cheese Slice (1 each)	Corn Muffins (1 each) Berry Juice (4 oz. each)	Closed 4th of July

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Week of July 7, 2025 – July 11, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Frosted Mini Wheat Cereal (WG) (1/2 cup each) 1% Milk (4 oz. each)	Soft Pretzels (1/2 each) Red Grapes (1/2 cup each)	Dinner Rolls w/butter (1 each) Edamame (1/2 cup each)	WW English Muffins w/Jelly (1/2 each) Pears (1/2 cup each)	French Toast Sticks (3 each) Apple Peach Juice (4 oz. each)
LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Pulled Pork on WG Bun , Coleslaw, Carrots, Grapes 1% Milk	Beef Taco Meat, WG Taco Shells , Refried Beans, Corn, Cantaloup, Lettuce, Tomato, Cheese, 1% Milk	Grilled Chicken Breast Brown Rice (WG) , Red Peppers, Mandarin Oranges 1% Milk	WG Bagel , Turkey Sausage. Egg Patty & Cheese, Breakfast Potatoes, Apple Slices, 1% Milk	Mac & Cheese w/ WW Noodles Broccoli, Pears, 1% Milk
P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Cinnamon Sugar Pretzel Sticks (13 each) Strawberry Yogurt (1 each)	Banana Blueberry Muffins (1 each) Fruit Punch Juice (4 oz. each)	Cottage Cheese (1/4 Cup each) Peaches (1/2 cup each)	Mini Club Crackers (15 each), Fruit Cocktail (1/2 cup each)	Gingerbread Muffins (1 each) 1% milk (4 oz. each)

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Week of July 14 – July 18, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Multigrain Cheerios (WG) (3/4 cup each), Mangos (1/2 cup each)	Hawaiian Roll w/ Turkey Slices (1 slices each, 1 roll each)	Biscuit w/butter (1 each) Cantaloup (1/2 cup each)	Cheddar Popcorn (1 ½ cups each) Apple Raspberry Juice (4 oz. each)	WW Cheese Bread (1 each), Green Apples (1/2 cup each)
LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Meatball Sub on WG Bun , Broccoli, Pineapple, 1% Milk	Beef Nacho Meat, WG Tortilla Chips , Black Beans, Corn, Cheese Sauce, Clementines, 1% Milk	Chili, (WG) Corn Bread Poppers , Cucumbers, Hummus, Pears, 1% Milk	Turkey Burger on WG Bun , Baked Beans, Apples 1% Milk	WG Cheese Pizza , Baby Carrots Grapes 1% Milk
P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Strawberry Muffins (1 each) Pineapple (1/2 cup each)	Wheat Thins (8 each) Cheddar Cheese (1 slice each)	Uncrustable Sandwich (1 each), 1% Milk (4 oz. each)	Sun Chips (8 each) Apple Grape Juice (4 oz each)	Oatmeal Muffins (1 each) 1% milk (4 oz. each)

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Week of July 21, 2025 – July 25, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	WW Soft Tortilla w/butter, cinnamon & sugar (1 each) Banana (1/2 each)	WW Toast w/peanut butter, (1 each) Green Grapes (1/2 cup each)	Kix Cereal (WG) (3/4 cup each) 1% Milk (4 oz. each)	Pancakes on a Stick (1 each) Honeydew (1/2 cup each)	Ham Slices (1 slices each), Triscuit Crackers (4 each)
LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	WG Chicken Strips, Mashed Potatoes, Applesauce 1% Milk	3 Bean Chili, WG Corn Chips, Corn, Cantaloupe, Shredded Cheese, 1% Milk	Sweet & Sour Meatballs, Brown Rice (WG), Edamame, Oranges 1% Milk	Hamburger on WG Bun, Banana, Sweet Potato Fries, 1% Milk	WG Bosco Sticks, Marinara Sauce, Broccoli, Mandarin Oranges 1% Milk
P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Chex Mix (1/2 cup each) Tropical Juice (4 oz. each)	Cheddar & Pretzel Goldfish mix (1/2 cup each) Mango Juice (4 oz. each)	Toasted Crackers (4 each), String Cheese (1 each)	Peanut Butter Balls (3 each) 1% Milk (4 oz. each)	Sociable Crackers (5 each) Mandarin Oranges (1/2 cup each)

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Week of July 28, 2025 – August 1, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Triscuit Thin Crackers (8 each), Red Apple Slices (1/2 cup each)	Cinnamon Pita Chips (5 each), 1% milk (4 oz. each)	WW Bagel w/Cream Cheese (1/4 each), Tropical Fruit (1/2 cup each)	Club Crackers (4 each) Hard Salami (4 pieces each)	Cheese It Crackers (15 each) Watermelon (1/2 cup each)
LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Chicken Patty on WG Bun , Sweet Potato Tots, Pears 1% Milk	WG Tortilla, Chicken Taco Meat, Refried Beans, Corn, Pineapple, Shredded Lettuce, Tomatoes, Cheese 1% Milk	Turkey Burger on WG Bun , Cantaloup, Green Beans 1% Milk	Grilled Cheese on WG Bread , Broccoli, Strawberries, 1% Milk	WG Cheese Pizza, Baby Carrots, Grapes, 1% Milk
P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative	Applesauce Muffins (1 each) Strawberry Banana Juice (4 oz. each)	Utz Snack Mix (1/2 cup each), Applesauce (1/2 cup each)	Wheat Saltine Crackers (4 each), Colby Cheese Slice (1 each)	Corn Muffins (1 each) Peach Mango Juice (4 oz. each)	Ritz Crackers (4 each) Berry Juice (4 oz. each)