

Illinois State University Child Care Center

Week of March 30 – April 3, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Life Cereal (1/2 cup each), 1% milk (4 oz. each)</p>	<p>Ritz Bits w/cheese crackers, (1 bag each) Red Apple Slices (1/2 cup each)</p>	<p>Cottage Cheese (1/4 cup each) Sociable Crackers (5 each)</p>	<p>WW Bagel w/Cream Cheese (1/4 each), Apple Peach Juice (1/2 cup each)</p>	<p>Biscuit w/butter (1 each), Cantaloup (1/2 cup each)</p>
<p>LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Sweet & Sour Meatballs, Brown Rice, Edamame, Peaches, 1% Milk</p>	<p>Beef Taco Meat, Corn Tortilla Chips, Cheese Sauce, Black Beans, Pineapple, Lettuce, Tomato, 1% Milk</p>	<p>BBQ Chicken Breast WG Bun, Mashed Potatoes w/gravy, Green Grapes, 1% Milk</p>	<p>Grilled Cheese on WG Bread, Cucumber Slices, Apple Slices, Hummus 1% Milk</p>	<p>WG Cheese Pizza Broccoli, Mandarin Oranges, 1% Milk</p>
<p>P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Triscuit Thin Crackers (8 each), Cheddar Cheese (1 each)</p>	<p>Cheez It Crackers (15 each), Fruit Punch Juice (4 oz. each)</p>	<p>Gingerbread Muffins (1 each) Pineapple (1/2 cup each)</p>	<p>Banana Cranberry Muffins (1 each) 1% Milk (4 oz. each)</p>	<p>Hawaiian Rolls (1 each), Ham Slice (1 each)</p>

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Week of April 6 – April 10, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Wheat Entertainment Crackers (3 each) Colby Jack Cheese Slice (1 each)</p>	<p>Strawberry Yogurt (1 each), Cinnamon Pita Chips (5 each)</p>	<p>Kix Cereal (WG) (3/4 cup each) 1% Milk (4 oz. each)</p>	<p>Pancakes on a Stick (1 each) Green Apples (1/2 cup each)</p>	<p>WW Tortilla w/butter & cinnamon/sugar (1 each) Green Grapes (1/2 cup each)</p>
<p>LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Chicken Patty on WG Bun, Sweet Potato Fries, Clementines, 1% Milk</p>	<p>Beef Taco Meat, WG Corn Chips, Black Beans, Cheese, Lettuce, Tomato Cantaloupe, 1% Milk</p>	<p>Grilled Chicken Breast Brown Rice (WG), Roasted Zucchini & Squash, Grapes, 1% Milk</p>	<p>Mac & Cheese w/WW Noodles Broccoli, Banana 1% Milk</p>	<p>WG Bagel, Turkey Sausage. Egg Patty & Cheese, Breakfast Potatoes, Apple Slices, 1% Milk</p>
<p>P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Sun Chips (8 each) Berry Juice (1/2 cup each)</p>	<p>Turkey Stick (1 each), Tropical Fruit (1/2 cup each)</p>	<p>Ham Slices (2 each) Toasted Crackers (4 each)</p>	<p>Cheddar Popcorn (1 ½ cups each) Apple Juice (4 oz. each)</p>	<p>Blueberry Muffins (1 each) Mangos (1/2 cup each)</p>

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Week of April 13 – April 17, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Garlic Bread Stick (1 each) Edamame (1/2 cup each)</p>	<p>WW English Muffin w/jelly, (1 each) Mandarin Oranges (1/2 cup each)</p>	<p>French Toast Sticks (3 each) Applesauce (1/2 cup each)</p>	<p>Soft Pretzel (1/2 each), Mangos (1/2 cup each)</p>	<p>Cheese Toast (WW) (1 each) Pears (1/2 cup each)</p>
<p>LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>WG Bosco Sticks, Marinara Sauce, Broccoli, Clementines 1% Milk</p>	<p>Beef Taco Meat, WG Soft Tortilla, Refried Beans, Corn, Cantaloup, Lettuce, Tomato, Cheese, 1% Milk</p>	<p>Meatball Sub on WG Bun w/Mozzarella Cheese, Carrots, Pineapple 1% Milk</p>	<p>WG Chicken Strips Mashed Potatoes w/gravy, Honeydew, 1% Milk</p>	<p>Turkey Burger on WW Bun (WG), Green Beans, Applesauce 1% Milk</p>
<p>P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Animal Crackers (8 each), 1% Milk (4 oz. each)</p>	<p>Strawberry Muffins (1 each), 1% Milk (4 oz. each)</p>	<p>Townhouse Crackers (4 each) String Cheese (1 each)</p>	<p>Ritz Crackers (4 each) Hard Salami (4 pieces each)</p>	<p>Chex Mix (1/4 cup each) Kiwi Strawberry Juice (4 oz. each)</p>

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Week of April 20 – April 24, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Multigrain Cheerios (1/2 cup each) Banana (1/2 cup each)</p>	<p>Triscuit Crackers (4 each), Cutie Oranges (2 each)</p>	<p>Dinner Roll w/butter (1 each) Cantaloup (1/2 cup each)</p>	<p>Wheat Thin Crackers (8 each), Mango Juice (4 oz. each)</p>	<p>Cinnamon Sugar Pretzel Sticks (13 each) Peaches (1/2 each)</p>
<p>LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Chicken Strips, Carrots, Apples 1% Milk</p>	<p>WG Tortilla, Chicken Taco Meat, Refried Beans, Corn, Pineapple, Shredded Lettuce, Tomatoes, Cheese 1% Milk</p>	<p>Hamburger on WG Bun, French Fries, Grapes 1% Milk</p>	<p>Chili, WG Cornbread Poppers, Cauliflower, Banana, 1% Milk</p>	<p>Pasta w/Meatballs in Sauce, Lettuce Salad w/Tomatoes & Carrots, Cantaloup 1% Milk</p>
<p>P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Mini Club Crackers (15 each), Fruit Cocktail (1/2 cup each)</p>	<p>Cheddar & Pretzel Goldfish mix (1/2 cup each) Apple Peach Juice (4 oz. each)</p>	<p>Utz Snack Mix (1/2 cup each) Kiwi Strawberry Juice (4 oz. each)</p>	<p>Wheat Saltine Crackers (4 each), Colby Cheese Slice (1 each)</p>	<p>Cranberry Orange Muffins (1 each) 1% Milk (4 oz. each)</p>

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Week of April 27 – May 1, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>A.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Life Cereal (1/2 cup each), 1% milk (4 oz. each)</p>	<p>WW Bagel w/Cream Cheese (1/4 each), Cherry Juice (1/2 cup each)</p>	<p>Cottage Cheese (1/4 cup each) Sociable Crackers (5 each)</p>	<p>Club crackers, (4 each) Red Apple Slices (1/2 cup each)</p>	<p>Biscuit w/butter (1 each), Red Grapes (1/2 cup each)</p>
<p>LUNCH Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Sweet & Sour Meatballs, Brown Rice, Edamame, Peaches, 1% Milk</p>	<p>Beef Taco Meat, Corn Tortilla Chips, Cheese Sauce, Black Beans, Pineapple, Lettuce, Tomato, 1% Milk</p>	<p>BBQ Chicken Breast WG Bun, Mashed Potatoes w/gravy, Grapes, 1% Milk</p>	<p>Grilled Cheese on WG Bread, Cucumber Slices, Apple Slices, Hummus 1% Milk</p>	<p>WG Cheese Pizza Broccoli, Mandarin Oranges, 1% Milk</p>
<p>P.M. SNACK Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Triscuit Thin Crackers (8 each), Cheddar Cheese (1 each)</p>	<p>Applesauce Muffins (1 each) 1% Milk (4 oz. each)</p>	<p>Cheez It Crackers (15 each), Fruit Punch Juice (4 oz. each)</p>	<p>Banana Crumb Muffins (1 each) Pineapple (1/2 cup each)</p>	<p>Hawaiian Rolls (1 each), Turkey Slice (1 each)</p>