

**Illinois State University Child Care Center**

**Week of March 31 – April 4, 2025**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>WW Toast w/Peanut Butter</b> (1 each) <b>Tropical Fruit</b> (1/2 cup each)</p>	<p>Pancakes on a Stick (1 each) Green Grapes (1/2 cup each)</p>	<p><b>Kix Cereal (WG)</b> (3/4 cup each) 1% Milk (4 oz. each)</p>	<p><b>WW Soft Tortilla</b> w/butter, cinnamon &amp; sugar (1 each) Cutie Oranges (2 each)</p>	<p>Ham Slices (2 slices each), Triscuit Crackers (4 each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>WG Chicken Strips,</b> Mashed Potatoes w/ Gravy, Applesauce 1% Milk</p>	<p><b>WG Bosco Sticks,</b> Marinara Sauce, Broccoli, Mandarin Oranges 1% Milk</p>	<p>Sweet &amp; Sour Meatballs, <b>Brown Rice (WG),</b> Edamame, Oranges 1% Milk</p>	<p>Hamburger on <b>WG Bun,</b> Banana, Sweet Potato Tots, 1% Milk</p>	<p>3 Bean Chili, <b>WG Corn Chips,</b> Corn, Cantaloupe, Shredded Cheese, 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Ritz Crackers (4 each) Orange Tangerine Juice (4 oz. each)</p>	<p>Corn Muffins (1 each) Strawberry Banana Juice (4 oz. each)</p>	<p>Toasted Crackers (4 each), String Cheese (1 each)</p>	<p>Zucchini Muffins (1 each) 1% Milk (4 oz. each)</p>	<p>Cheddar &amp; Pretzel Goldfish mix (1/2 cup each) Apple Juice (4 oz. each)</p>

**Illinois State University Child Care Center**

**Week of April 7 – April 11, 2025**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Cinnamon Pita Chips (5 each), Strawberry Yogurt (1 each)</p>	<p><b>Life Cereal (WG)</b> (1/2 cup each), 1% milk (4 oz. each)</p>	<p><b>WW Bagel w/Cream Cheese</b> (1/4 each), Orange Tangerine Juice (4 oz. each)</p>	<p>Club Crackers (4 each) Hard Salami (4 pieces each)</p>	<p>Cheese It Crackers (15 each) Kiwi Strawberry Juice (4 oz. each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Chicken Patty on <b>WG Bun</b>, Sweet Potato Tots, Pears 1% Milk</p>	<p><b>WG Pizza</b>, Red Peppers, Red Grapes 1% Milk</p>	<p>Turkey Burger on <b>WG Bun</b>, Cantaloup, Green Beans 1% Milk</p>	<p>Grilled Cheese on <b>WG Bread</b>, Broccoli, Strawberries, 1% Milk</p>	<p>Chicken Taco Meat, <b>WG Tortilla</b>, Refried Beans, Corn, Shredded Cheese, Tomatoes, Lettuce, Pineapple, 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Applesauce Muffins (1 each) Apple Juice (4 oz. each)</p>	<p>Cheddar Popcorn (1 ½ cups each) Applesauce (1/2 cup each)</p>	<p>Utz Snack Mix (1/2 cup each) Fruit Cocktail (1/2 cup each)</p>	<p>Sun Chips (8 each), Pineapple (1/2 cup each)</p>	<p>Banana Muffins (1 each) 1% milk (4 oz. each)</p>

**Illinois State University Child Care Center**

**Week of April 14 – April 18, 2025**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>Frosted Mini Wheat Cereal (WG)</b> (1/2 cup each) 1% Milk (4 oz. each)</p>	<p>Sociable Crackers (5 each) Mandarin Oranges (1/2 cup each)</p>	<p>French Toast Sticks (3 each) Apple Juice (4 oz. each)</p>	<p><b>WW English Muffins</b> w/Jelly (1/2 each) Pears (1/2 cup each)</p>	<p>Dinner Rolls w/butter (1 each) Edamame (1/2 cup each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Pulled Pork on <b>WG Bun</b>, Coleslaw, Carrots, Grapes 1% Milk</p>	<p>Mac &amp; Cheese w/<b>WW Noodles</b> Broccoli, Pears, 1% Milk</p>	<p>Grilled Chicken Breast <b>Brown Rice (WG)</b>, Red Peppers, Mandarin Oranges 1% Milk</p>	<p><b>WG Bagel</b>, Turkey Sausage, Egg Patty &amp; Cheese, Breakfast Potatoes, Apple Slices, 1% Milk</p>	<p>Beef Tacos on <b>WG Tortillas</b>, Refried Beans, Corn, Cantaloupe, Shredded Lettuce, Shredded Cheese, Tomatoes 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>Chex Mix (WG)</b> (1/4 cup each) Orange Tangerine Juice (4 oz. each)</p>	<p>Mini Club Crackers (15 each), Fruit Cocktail (1/2 cup each)</p>	<p>Peanut Butter Balls (3 each) 1% milk (4 oz. each)</p>	<p>Cottage Cheese (1/4 Cup each) Peaches (1/2 cup each)</p>	<p>Wheat Saltine Crackers (4 each), Colby Cheese (1 slice each)</p>

**Illinois State University Child Care Center**

**Week of April 21 – April 25, 2025**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>Multigrain Cheerios (WG)</b> (3/4 cup each), Red Apples (1/2 cup each)</p>	<p>Hawaiian Roll w/ Turkey Slices (2 slices each, 1 roll each)</p>	<p><b>WW Cheese Bread</b> (1 each), Mangos (1/2 cup each)</p>	<p>Soft Pretzels (1/2 each) Red Grapes (1/2 cup each)</p>	<p>Biscuit w/butter (1 each) Strawberry Watermelon Juice (4 oz each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Meatball Sub on <b>WG Bun</b>, Broccoli, Pineapple, 1% Milk</p>	<p>Cheesy Tortellini Bake, <b>WG Breadstick</b> Lettuce Salad w/Tomatoes &amp; Carrots, Red Grapes, Strawberry Banana Yogurt, 1% Milk</p>	<p>Chili, <b>Corn Bread (WG)</b>, Carrots, Hummus, Pears, 1% Milk</p>	<p>Turkey Burger on <b>WG Bun</b>, Apples, Baked Beans, 1% Milk</p>	<p>Beef Nacho Meat, <b>WG Tortilla Chips</b>, Black Beans, Corn, Cheese Sauce, Clementines, 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Peanut Butter Muffins (1 each) Strawberry Watermelon Juice (4 oz. each)</p>	<p>Wheat Thins (8 each) Cheddar Cheese (1 slice each)</p>	<p>Uncrustable Sandwich (1 each), 1% Milk (4 oz. each)</p>	<p>Townhouse Crackers (4 each), Colby Jack Cheese Slice (1 each)</p>	<p>Strawberry Muffins (3 each), 1% milk (4 oz. each)</p>

**Illinois State University Child Care Center**

**Week of April 28 – May 2, 2025**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>WW Toast</b> w/Peanut Butter (1 each) Mango &amp; Papaya (1/2 cup each)</p>	<p>Pancakes on a Stick (1 each) Green Grapes (1/2 cup each)</p>	<p><b>Kix Cereal (WG)</b> (3/4 cup each) 1% Milk (4 oz. each)</p>	<p><b>WW Soft Tortilla</b> w/butter, cinnamon &amp; sugar (1 each) Cutie Oranges (2 each)</p>	<p>Ham Slices (2 slices each), Triscuit Crackers (4 each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>WG Chicken Strips,</b> Mashed Potatoes w/ Gravy, Applesauce 1% Milk</p>	<p><b>WG Bosco Sticks,</b> Marinara Sauce, Broccoli, Mandarin Oranges 1% Milk</p>	<p>Sweet &amp; Sour Meatballs, <b>Brown Rice (WG),</b> Edamame, Oranges 1% Milk</p>	<p>Hamburger on <b>WG</b> <b>Bun,</b> Banana, Sweet Potato Fries, 1% Milk</p>	<p>3 Bean Chili, <b>WG Corn Chips,</b> Corn, Cantaloupe, Shredded Cheese, 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Ritz Crackers (4 each) Strawberry Watermelon Juice (4 oz. each)</p>	<p>Oatmeal Muffins (1 each) Strawberry Banana Juice (4 oz. each)</p>	<p>Toasted Crackers (4 each), String Cheese (1 each)</p>	<p>Blueberry Muffins (1 each) 1% Milk (4 oz. each)</p>	<p>Cheddar &amp; Pretzel Goldfish mix (1/2 cup each) Cherry Juice (4 oz. each)</p>