

**Illinois State University Child Care Center**

**Week of May 30, 2022 – June 3, 2022**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>CLOSED</b> <b>Memorial Day</b> <b>Holiday</b></p>	<p>Ham Slices (2 each) Sociable Crackers (5 each)</p>	<p><b>Kix Cereal (WG),</b> (3/4 cup each), 1% Milk (4 oz. each)</p>	<p>Strawberry Yogurt (1 each), Cutie Oranges (2 each)</p>	<p>Cantaloupe (1/2 cup each) Biscuit w/Butter (1 each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>CLOSED</b> <b>Memorial Day</b> <b>Holiday</b></p>	<p>Sweet &amp; Sour Meatballs, <b>Brown Rice (WG),</b> Edamame, Pineapple, 1% Milk</p>	<p>Grilled Chicken Breast, <b>(WG) Butter Noodles,</b> Steamed Broccoli, Orange Wedges</p>	<p>Sloppy Joe on <b>WG Bun,</b> Green Beans, Banana, 1% Milk</p>	<p>Wowbutter &amp; Jelly Sandwich on <b>WW</b> <b>Bread (WG),</b> Baby Carrots, Tropical Fruit, 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>CLOSED</b> <b>Memorial Day</b> <b>Holiday</b></p>	<p>Cheddar &amp; Pretzel Goldfish Mix (1/2 cup each), Mango Juice (4 oz. each)</p>	<p>Chex Mix (1/2 cup each) Apple Peach Juice (4 oz. each)</p>	<p>Tortilla Chips (15 each) Hummus Dip (2 tablespoons each)</p>	<p>Oatmeal Muffins (1 each) 1% Milk (4 oz. each)</p>

Condiments Key:

K = Ketchup, M = Mustard, R = Ranch, BBQ, Mayo

**Illinois State University Child Care Center**

**Week of June 6, 2022 – June 10, 2022**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>Mini Frosted Wheats Cereal (WG),</b> (1/2 cup each), <b>Red Apple Slices</b> (1/2 cup each)</p>	<p><b>¼ Whole Wheat Bagel (WG)</b> w/Cream Cheese, <b>Apple Grape Juice</b> (4 oz. each)</p>	<p><b>½ Soft Pretzel</b> (1 each), <b>Watermelon</b> (1/2 cup each)</p>	<p><b>Hard Salami</b> (4 each), <b>Town House Crackers</b> (4 each)</p>	<p><b>Waffle w/cinnamon &amp; sugar</b> (1 each), <b>Red Grapes</b> (1/2 cup each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>Chicken Strips,</b> <b>Mashed Potatoes</b> w/Gravy, <b>Celery Sticks,</b> <b>Mandarin Oranges,</b> 1% Milk</p>	<p><b>Baked Ziti,</b> <b>WG Breadstick,</b> <b>Steamed Broccoli,</b> <b>Strawberries,</b> 1% Milk</p>	<p><b>Beef Tacos on WG Tortilla,</b> <b>Refried Beans,</b> <b>Cantaloupe,</b> <b>Lettuce, Cheese &amp; Tomatoes,</b> 1% Milk</p>	<p><b>WG Pizza,</b> <b>Fresh Cauliflower,</b> <b>Pineapple,</b> 1% Milk</p>	<p><b>Grilled Chicken Wrap,</b> <b>Celery Sticks</b> w/Wowbutter, <b>Apple Slices,</b> 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>Corn Muffins</b> (1 each), 1 % Milk (4 oz. each)</p>	<p><b>Triscuits</b> (5 each), <b>Peaches</b> (4 oz. each)</p>	<p><b>Sun Chips (WG)</b> (8 chips each), <b>Apple Grape Juice</b> (1/2 cup each)</p>	<p><b>Club Mini Crackers</b> (17 each), <b>Cheddar Cheese Slice</b> (1 each)</p>	<p><b>Peanut butter Balls</b> (3 each), 1% Milk (4 oz. each)</p>

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**Week of June 13, 2022 – June 17, 2022**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p><b>Whole Wheat English Muffin (WG) w/Butter &amp; Jelly</b> (1/2 each), Watermelon (1/2 cup each)</p>	<p>Melba Melts (2 each), Red Apple Slices (1/2 cup each)</p>	<p><b>Life Cereal (WG)</b> (1/2 cup each), 1% Milk (4 oz. each)</p>	<p>Hawaiian Rolls w/butter (1 each), Turkey Slices (2 slices each)</p>	<b>CLOSED</b>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Chicken Patty on <b>WG Bun</b>, Sweet Potato Fries, Applesauce, 1% Milk</p>	<p><b>WG Pasta w/Meat Balls &amp; Marinara Sauce (WG)</b>, Salad w/Lettuce, Carrots &amp; Tomatoes &amp; Ranch Dressing, Clementines 1% Milk</p>	<p>Walking Taco w/ 3 Bean Chili, <b>WG</b> Corn Chips, Zippy Corn Salad, Peaches, Shredded Cheese 1% Milk</p>	<p>Mac &amp; Cheese, Steamed Broccoli, Banana, 1% Milk</p>	<b>CLOSED</b>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Banana Muffins (1 each), Mangos (1/2 cup each)</p>	<p>Pretzel Sticks (26 each), Zucchini &amp; Squash Sticks w/ Ranch (1/2 cup each)</p>	<p>Ritz Bits w/peanut butter (12 each) Elmo's Punch Juice (4 oz. each)</p>	<p><b>Whole Wheat Tortilla (WG)</b> w/Butter, Cinnamon &amp; Sugar (1 each), 1% Milk (4 oz. each)</p>	<b>CLOSED</b>

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**Illinois State University Child Care Center**

**Week of June 20, 2022 – June 24, 2022**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Dinner Roll w/Butter (1 each), Green Apple Slices (1/2 cup each)</p>	<p><b>Berry Kix (WG)</b> (3/4 cup each), Pears (1/2 cup each)</p>	<p>Bagel Bites (3 each), Fruit Cocktail (1/2 cup each)</p>	<p>Strawberry Yogurt (1 each), Cutie Oranges (2 each)</p>	<p><b>Whole Wheat Toast (WG)</b> w/Butter, Cinnamon &amp; Sugar (1 each), Apple Juice (4 oz. each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Hot Sliced Turkey, <b>Butter Noodles (WG)</b>, Sweet Potatoes, Strawberries, 1% Milk</p>	<p>Cheesy Chili Mac, <b>WG Dinner Roll</b>, Steamed Broccoli, Mandarin Oranges 1% Milk</p>	<p>Ham &amp; Cheese Wrap on <b>WW Tortilla (WG)</b>, Baby Carrots, Hummus, Banana, 1% Milk</p>	<p>Hamburger on <b>WG Bun</b>, Red Peppers, Apple Slice, 1% Milk</p>	<p>Cheesy Tortellini Bake, <b>WG Breadstick</b>, Lettuce Salad w/Carrots, Tomatoes, &amp; Ranch Dressing Pineapple, 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Chex Mix (1/2 cup each), Strawberry Kiwi Juice (4 oz. each)</p>	<p>Club Crackers (4 each), Colby Jack Cheese (1 slice each)</p>	<p>Toasted Crackers (4 each), Red Grapes (1/2 cup each)</p>	<p>Cheese It Crackers (15 each) Peaches (1/2 cup each)</p>	<p>Blueberry Muffins (1 each), 1% Milk (4 oz. each)</p>

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**Week of June 27, 2022 – July 1, 2022**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>A.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>French Toast Sticks (3 each), Plums (2 each)</p>	<p>Ham Slices (2 each) Sociable Crackers (5 each)</p>	<p><b>Kix Cereal (WG),</b> (3/4 cup each), 1% Milk (4 oz. each)</p>	<p>Pancakes on a Stick (1 each) Green Grapes (1/2 cup each)</p>	<p>Honeydew (1/2 cup each) Biscuit w/Butter (1 each)</p>
<p><b>LUNCH</b> Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Turkey Burger on <b>WG Bun (WG),</b> Baked Beans, Apple Slices, 1% Milk</p>	<p>Sweet &amp; Sour Meatballs, <b>Brown Rice (WG),</b> Edamame, Pineapple, 1% Milk</p>	<p>Grilled Chicken Breast, <b>(WG) Butter Noodles,</b> Steamed Broccoli, Orange Wedges</p>	<p>Sloppy Joe on <b>WG Bun,</b> Green Beans, Banana, 1% Milk</p>	<p>Wowbutter &amp; Jelly Sandwich on <b>WW Bread (WG),</b> Baby Carrots, Tropical Fruit, 1% Milk</p>
<p><b>P.M. SNACK</b> Two of these four components: Milk, Fluid Juice or Fruit or Vegetable Bread or Grain Meat or Meat alternative</p>	<p>Banana Crumb Muffins (1 each) Apple Juice (4 oz. each)</p>	<p>Wheat Saltines (4 each), Cottage Cheese (1/4 cup each)</p>	<p>Cheddar &amp; Pretzel Goldfish Mix (1/2 cup each), White Grape Juice (4 oz. each)</p>	<p>Tortilla Chips (15 each) Hummus Dip (2 tablespoons each)</p>	<p>Cranberry Orange Muffins (1 each) 1% Milk (4 oz. each)</p>

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